

## Learning from Sports

The Rotaract Club of JEC participated in the talk show hosted by Rtr. Krishnarjun on zoom. This show was initiated by DGE Rtn. Nagendra Prasad. The topic of this meeting was "Learning from Sports".

The Speaker of this topic was our own state cricketer, Mr. Vijay Bharadwaj who has represented India in test matches and is currently a presenter on Star Sports. He has also represented Karnataka State Team for 15 years.

He spoke really well. He advised those people who constantly work on laptops that this is the right time to train their minds so that they can compensate to all the stress that they've had. Playing board games will be very helpful and will also give you a chance to spend some quality time with the family.

This session was nice and informative. We would like to thank the district for giving us an opportunity to participate in this session.

### Glimpse of the Event

The poster is a promotional graphic for a talk show. At the top left, there are logos for 'SKY ROCKERS' and the Rotary International 'Service to Society' emblem. To the right, the text 'Topic: Learning from Sports' is prominently displayed in a large, bold font, with 'Rotary District 3190' and its logo to the right. Below the title, it says '"Lockdown Speaker Series" an Initiative by DGE Rtn. Nagendra Prasad'. The bottom left shows a photo of two men, one in a grey vest and one in a black shirt. The bottom center has a dark blue box with white text: 'TALK SHOW MR. VIJAY BHARADWAJ INTERVIEWED BY RTR. KRISHNARJUN 5PM ON 1ST APRIL 2020 ON ZOOM MEETING'. The bottom right features a photo of Mr. Vijay Bharadwaj, a cricketer, wearing sunglasses and a blue vest, holding a cricket bat on a field.